

WASHINGTON STATE 2006 WOMEN'S OUTDOOR BESTS

= NCAA Regional Event Qualifying Mark

100m (#11.75)	2006	LIFETIME
La Shawnda Porter	11.83 (k)	11.83
Nicole Hatcher	12.04w (m)	11.88w
	12.13 (k)	12.07

200m (#23.96)	2006	LIFETIME
La Shawnda Porter	24.06 (k)	24.06
Julie Pickler	24.46w (d)	24.38
	24.77 (o)	
Nicole Hatcher	24.66 (k)	24.48
Diana Pickler	24.97w (d)	24.58
Brandi Probasco-Canda	25.09 (g)	24.64
Jeanne Newman	25.36 (k)	24.34
Katie Miller	25.68 (o)	25.68
Nicole McClendon	25.70W (m)	24.6
	25.97 (b)	
Kameko Wilson	26.50 (e)	25.60

400m (#54.61)	2006	LIFETIME
# Brandi Probasco-Canda	54.17 (k)	54.07
Nicole McClendon	56.78 (k)	56.78
Kameko Wilson	57.05 (k)	56.04
Lorraine King	57.20 (a)	55.24
Selena Galaviz	58.44 (e)	57.06
Jeanne Newman	58.75 (c)	56.43

800m (#2:09.80)	2006	LIFETIME
Sara Trané	2:11.54 (g)	2:11.17
Karen DeMartini	2:15.85 (k)	2:15.85
Haley Paul	2:17.19 (h)	2:11.43
Diana Pickler	2:19.42 (d)	2:19.42
Julie Pickler	2:20.28 (d)	2:19.73
Marisa Sandoval	2:20.99 (b)	2:20.99
Selena Galaviz	2:25.00 (cc)	2:25.00
Katie Troy	2:26.57 (k)	2:21.77
Katie Miller	2:26.67 (o)	2:26.01

1500m (#4:27.80)	2006	LIFETIME
# Haley Paul	4:26.07 (b)	4:26.00
Isley Gonzalez	4:35.58 (b)	4:35.58
Karen DeMartini	4:37.11 (p)	4:37.11
Kelly Ramirez	4:40.46 (b)	4:40.46
Meghan Leonard	4:42.27 (a)	4:42.27
Marisa Sandoval	4:45.24 (k)	4:45.24
Collier Lawrence	4:45.42 (h)	4:44.96
Kayle Peterson	4:56.26 (h)	4:56.10
Katie Troy	4:56.39 (e)	4:41.53
Alyssa Modrell (unat)	5:00.64 (cc)	5:00.64

3000m	2006	LIFETIME
Meghan Leonard	10:16.37 (k)	10:16.37
Isley Gonzalez	10:18.60 (k)	10:18.60
Kelly Ramirez	10:33.62 (k)	10:33.62
Alyssa Modrell (unat)	10:48.54 (aa)	10:48.54

5000m (#16:52.00)	2006	LIFETIME
# Haley Paul	16:20.86 (c)	16:20.86
Kelly Ramirez	17:15.76 (c)	17:15.76
Isley Gonzalez	17:22.29 (c)	17:22.29
Alyssa Modrell (unat)	19:05.93 (e)	19:05.93

10,000m (NCAA AQ 33.55.00/ NCAA PQ 35:00.00)		
	2006	LIFETIME
Kelly Ramirez	36:51.53 (g)	36:51.53

100m HURDLES (#13.92)	2006	LIFETIME
# Diana Pickler	13.69 (p)	13.68
# Julie Pickler	13.78 (o)	13.78
# Katie Miller	13.86 (k)	13.86
Angelica Flynn	14.91 (aa)	14.71w
		14.81

400m HURDLES (#1:00.82)	2006	LIFETIME
Sara Trané	1:01.07 (p)	1:01.07
Lorraine King	1:02.04 (h)	1:02.04
Kayle Peterson	1:21.13 (k)	1:21.13

3,000m Steeplechase (#10:50.25)		
	2006	LIFETIME
# Meghan Leonard	10:41.04 (c)	10:41.04
# Collier Lawrence	10:48.28 (p)	10:48.28
Kayle Peterson	10:53.09 (c)	10:53.09

400m RELAY (#45.70)	2006
# Hatcher, Porter, Probasco-Canda, J. Pickler	45.30 (k)

1600m RELAY (#3:42.00)	2006
J. Pickler, Probasco-Canda, D. Pickler, King	3:43.68 (b)

HIGH JUMP (#1.75m/5-8 3/4)		
	2006	LIFETIME
# Diana Pickler	1.75m/ 5-8 3/4 (k)	1.75m/5-8 3/4
# McKinnon Hanson	1.75m/ 5-8 3/4 (p)	1.75m/5-8 3/4
Robin Mikesh	1.72m/ 5-7 3/4 (c)	1.78m/5-10
Julie Pickler	1.69m/ 5-6 1/2 (d)	1.75m/5-8 3/4
Katie Miller	1.60m/ 5-3 (d)	1.69m/5-6 1/2

POLE VAULT (#3.80m/12-5 1/2)		
	2006	LIFETIME
# Tamara Diles	4.25m/ 13-11 1/4 (h)	4.25m/13-11 1/4 SR
# Tiffany Maskulinski	4.01m/ 13-1 3/4 (b)	14-0

WSU 2006 WOMEN'S OUTDOOR BESTS - 2

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LONG JUMP (#5.97m/19-7) 2006 LIFETIME

# Julie Pickler	6.06m/ 19-10 3/4w (d)	6.06m/ 19-10 3/4w
	5.76m/ 18-10 3/4 (o)	5.95m/19-6 1/4
Catie Schuetzle	5.94m/ 19-6 (a)	5.94m/19-6
Diana Pickler	5.81m/ 19-0 3/4w (d)	5.90m/19-4 1/4w
Katie Miller	5.43m/ 17-9 3/4 (b)	5.73m/18-9 3/4

TRIPLE JUMP (#12.32m/40-5)

	<u>2006</u>	<u>LIFETIME</u>
Catie Schuetzle	12.12m/ 39-9 1/4 (h)	12.12m/39-9 1/4
Sarah Burns	12.05m/ 39-6 1/2 (h)	12.38m/40-7 1/2
Kaylee Gardner	11.26m/ 36-11 1/2 (p)	12.28m/40-3 1/2

SHOT PUT (#14.30m/46-11)

	<u>2006</u>	<u>LIFETIME</u>
# Jessica Zita	14.45m/ 47-5 (m)	14.45m/47-5
McKenzie Garberg	13.50m/ 44-3 1/2 (a)	14.16m/46-5 1/2
Julie Pickler	11.91m/ 39-1 (o)	11.95m/39-2 1/2
Diana Pickler	11.70m/ 38-4 3/4 (b)	11.70m/38-4 3/4
Katie Miller	9.91m/ 32-6 1/4 (d)	10.06m/33-0 1/4

DISCUS (#47.30m/155-2)

	<u>2006</u>	<u>LIFETIME</u>
# McKenzie Garberg	50.62m/ 166-1 (k)	50.62m/166-1
Jessica Zita	42.72m/ 140-2 (k)	42.72m/140-2

HAMMER (#54.15m/177-8)

	<u>2006</u>	<u>LIFETIME</u>
# McKenzie Garberg	58.09m/ 190-7 (p)	58.09m/190-7
Jessica Zita	46.31m/ 151-11 (k)	46.31m/151-11
Katie Corder (unat)	43.30m/142-1 (cc)	43.30m/142-1

JAVELIN (#43.45m/142-6)

	<u>2006</u>	<u>LIFETIME</u>
# Jenna Dean	48.98m/ 160-8 (a)	51.70m/169-7 SR
Katie Miller	41.57m/ 136-5 (h)	41.57m/136-5
Jas. McCormack	39.10m/ 128-3 (h)	144-0
Diana Pickler	39.08m/ 128-2 (d)	39.82m/130-8
Julie Pickler	38.91m/ 127-8 (b)	39.33m/129-0
Shannon Posey (unat)	37.45m/ 122-10 (aa)	130-9

HEPTATHLON (\$=NCAA AQ 5,500 /*=PQ 5,000)

	<u>2006</u>	<u>LIFETIME</u>
\$ Julie Pickler	5734 (d)	5734
(d: 100mH - 13.92w, HJ - 1.69m/5-6 1/2, SP - 11.67m/38-3 1/2, 200m - 24.46w, LJ - 6.06m/19-10 3/4w, Jav - 38.45m/126-2, 800m - 2:20.28)		

\$ Diana Pickler	5579 (d)	5595
(d: 100mH - 14.16w, HJ - 1.69m/5-6 1/2, SP - 11.34m/37-2 1/2, 200m - 24.97w, LJ - 5.81m/19-0 3/4w, Jav - 39.08m/128-2, 800m - 2:19.42)		

Katie Miller	4940 (d)	5000
(d: 100mH - 14.29w, HJ - 1.60m/5-3, SP - 9.91m/32-6 1/4, 200m - 25.74w, LJ - 5.20m/17-0 3/4w, Jav - 35.93m/117-10, 800m - 2:27.95)		

SR = WSU record. **FSR** = Freshman WSU record.
\$ = NCAA Participant

MEET LEGEND

- + @ Sasquatch Mini Meet, Spokane 3/11
- a @ Willie Williams Invite, Tucson 3/17-18
- aa @ UW Outdoor Preview, Seattle 3/18
- aaa @ Dusty Lane Open, Spokane 3/18
- b @ Trojan Invite, Los Angeles 3/25
- c @ Stanford Invitational, Stanford 3/31-4/1
- cc @ Whitworth Invitational, Spokane 4/1
- d @ Texas Relays, Austin 4/5-8
- e @ Pelluer Invite, Cheney 4/7
- f @ California Invite Hept/Dec, Azusa 4/12-13
- g @ Mt. SAC Relays, Walnut 4/14-16
- h Cougar Invitational, Pullman 4/22
- k Washington Dual, Pullman 4/29
WSU 111.5, UW 91.5
- m @ Vandal Jamboree, Moscow 5/6
- n @ Modesto Relays, Modesto 5/6
- o @ Pac-10 Multi Championships, Eugene 5/6-7
- p @ Pac-10 Championships, Eugene 5/13-14
- Team Scores: Arizona State 154, Stanford 151.5, USC 112,
UCLA 103, Oregon 97, California 76.5, Washington 41,
Washington State 40, Arizona 37, Oregon State 4
- q @ NCAA West Reg. Champs, Provo 5/26-27
- \$ @ NCAA Championships, Sacramento 6/7-10

Revised: 5/16/06

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100m (#10.50)	2006	LIFETIME
# James McSwain	10.31 (g) 10.16W(a)	10.19
#Jaycee Robertson	10.26W (a)	10.26W 10.49w
Justin Woods	10.38 (p) 10.45 W (a)	10.38 10.45W
Brian Woods	10.55 (p) 10.72W (m)	10.48 10.55
Jarrell Nelson (unat)	10.84 (e) 10.80W (m)	10.68w 10.69

200m (#21.19)	2006	LIFETIME
# James McSwain	20.90 (k)	20.85
# Jaycee Robertson	20.99 (k)	20.99
# Justin Woods	21.01 (k)	21.01 FSR
Brian Woods	21.47w (m) 21.67 (e)	21.24
Jarrell Nelson (unat)	21.65w (m) 22.47 (h)	21.50w 21.66

400m (#47.26)	2006	LIFETIME
John Cassleman	47.50 (h)	47.50
Brian Woods	48.07 (k)	48.07
Jimmy Schofield	50.09 (a)	49.14
Eric Nygard	52.82 (k)	49.37
Reny Follett (unat)	48.76 (e)	48.76

800m (#1:50.40)	2006	LIFETIME
Justin Ireland	1:52.20 (b)	1:51.89
Justin Chambers	1:53.63 (p)	1:53.49
Jimmy Schofield	1:54.60 (b)	1:54.08
Sam Stone	1:55.21 (h)	1:55.21
Phil Hinrichs	2:08.62 (k)	1:56.6
Matt Miller (unat)	1:56.50 (aa)	1:56.08

1500m (#3:47.80)	2006	LIFETIME
Justin Ireland	3:49.13 (c)	3:48.09
Danny Wolf	3:55.29 (b)	3:55.20
Phil Hinrichs	4:03.71 (h)	4:00.85
Evan Blanshan	4:06.55 (h)	4:06.55
Matt Miller	4:08.62 (h)	4:08.62
Woody Favinger	4:08.75 (h)	4:02.02
Mike Heidt	4:02.82 (k)	4:02.82
Drew Polley	4:09.31 (h)	4:09.31
Jimmy Schofield	4:09.79 (h)	4:09.79
Justin Chambers	4:21.91 (c)	4:21.91
Derry Betts (unat)	4:06.56 (aa)	4:06.56

3000m	2006	LIFETIME
Danny Wolf	8:23.80 (k)	8:23.80
Andrew Jones	8:36.83 (k)	8:36.83
Drew Polley	8:41.57 (k)	8:41.57
Dan Lucero (unat)	8:47.12 (aa)	8:47.12
Derry Betts (unat)	9:03.64 (h)	9:03.64
Woody Favinger	9:09.37 (k)	8:50.96

5,000m (#14:10.00)	2006	LIFETIME
Danny Wolf	14:14.91 (c)	14:05.34
Andrew Jones	14:28.16 (c)	14:22.84
Mike Heidt	14:49.03 (hh)	14:49.03
Drew Polley	14:54.15 (c)	14:54.15
Dominic Smargiassi (unat)	15:23.85 (e)	15:23.85
Derry Betts (unat)	15:24.30 (e)	15:24.30
Dan Lucero (unat)	15:28.05 (e)	15:28.05

10,000m (NCAA AQ 28:45.00/ NCAA PQ 29:30.00)		
	2006	LIFETIME
Woody Favinger	30:46.68 (c)	30:46.68
Mike Heidt	31:01.96 (c)	30:03.68
Andrew Jones	30:56.75 (g)	30:56.75

110m HURDLES (#14.30)	2006	LIFETIME
# Robert Williams	14.28w (m) 14.31 (b)	14.28w 14.31
Josh Leyk	14.93 (a)	14.93
Bob Frey	15.18 (e)	15.18 15.16w

400m HURDLES (#52.51)	2006	LIFETIME
# John Cassleman	49.53 (p)	49.53
Josh Leyk	52.81 (h)	52.77
Robert Williams	54.06 (k)	54.06
Eric Nygard	56.32 (p)	52.42

3,000m STEEPLE (#9:07.00)	2006	LIFETIME
Phil Hinrichs	9:12.69 (c)	9:08.74
Evan Blanshan	9:53.64 (c)	9:26.78
Alex Grant (unat)	9:06.86 (hh)	9:04.36
Chris Concha (unat)	9:08.07 (hh)	9:08.07
Sam Ahlbeck (unat)	9:27.99 (aa)	9:27.99
Dominic Smargiassi (unat)	9:58.29 (aa)	9:58.29

400m RELAY (#40.66)	2006
# Boston, McSwain, J. Woods, Robertson	39.67 (a)
# B. Woods, McSwain, J. Woods, Robertson	39.76 (k)

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1600m RELAY (#3:10.00)

2006

B. Wood, McSwain, Chambers, Cassleman 3:16.81 (b)

HIGH JUMP (#2.10m/6-10 3/4)

2006

LIFETIME

Kyle Eaton 2.05m/ 6-8 3/4 (e) 2.05m/6-8 3/4

Ryan Thomas 2.00m/ 6-6 3/4 (cc,k,p) 2.08m/6-9 3/4

POLE VAULT (#5.05m/16-6 3/4)

2006

LIFETIME

Tyson Byers 4.90m/ 16-0 3/4 (p) 5.40m/17-8 1/2

D.J. Brown 4.75m/ 15-7 (h) 16-0

Kyle Eaton 3.35m/ 10-11 3/4 (k) 3.35m/ 10-11 3/4

LONG JUMP (#7.34m/24-1)

2006

LIFETIME

Ryan Thomas 6.64m/ 21-9 1/2 (k) 7.13m/23-4 3/4

Nick Isaac 6.40m/ 21-0 (cc) 23-3

TRIPLE JUMP (#15.08m/49-5 3/4)

2006

LIFETIME

Martin Boston 15.17m/ 49-9 1/4w (p) 15.52m/50-11

14.69m/ 48-2 1/2 (p)

Moreno Zapata 14.93m/ 48-11 3/4w (m) 50-11 1/2w

14.72m/ 48-3 1/2 (h,k) 50-3 1/4

Ryan Thomas 13.79m/ 45-3w (k) 15.14m/49-8

13.52m/ 44-4 1/4 (k)

SHOT PUT (#16.80m/55-1 1/2)

2006

LIFETIME

Drew Ulrick 15.93m/ 52-3 1/4 (k) 16.24m/53-3 1/2

Phil MacArthur 14.18m/ 46-6 1/4 (k) 4.18m/ 46-6 1/4

Matt Lamb 63-7 1/2hs

Clint Osborn (unat) 14.71m/ 48-3 1/4 (h) 14.71m/48-3 1/4

Vic Asher (unat) 14.57m/ 47-9 3/4 (e) 14.57m/47-9 3/4

DISCUS (#51.70m/169-7)

2006

LIFETIME

Matt Lamb 57.84m/ 189-9 (p) 57.84m/ 189-9 FSR

Drew Ulrick 57.26m/ 187-10 (k) 57.26m/187-10

Chase Mancuso 44.62m/ 146-5 (a) 44.62m/ 146-5

HAMMER (#55.60m/182-5)

2006

LIFETIME

Phil MacArthur 56.78m/ 186-3 (b) 56.78m/186-3

Chase Mancuso 49.43m/ 162-2 (b) 49.43m/ 162-2

Vic Asher (unat) 41.18m/ 135-1 (h) 41.18m/ 135-1

JAVELIN (#61.60m/202-1)

2006

LIFETIME

Jon Jeffreys 68.95m/ 226-2 (b) 68.95m/226-2

Ryan Scott 59.86m/ 196-5 (p) 61.70m/202-5

Cam. Schwisow (unat) 62.28m/ 204-4 (h) 62.28m/204-4

SR = WSU school record.

FSR = Freshman WSU record.

\$ = NCAA Participant

MEET LEGEND

a @ Willie Williams Invite, Tucson 3/17-18

aa @ UW Outdoor Preview, Seattle 3/18

aaa @ Dusty Lane Open, Spokane 3/18

b @ Trojan Invite, Los Angeles 3/25

c @ Stanford Invitational, Stanford 3/31- 4/1

cc @ Whitworth Invitational, Spokane 4/1

d @ Texas Relays, Austin 4/5-8

e @ Pelluer Invite, Cheney 4/7

f @ California Invite Hept/Dec, Azusa 4/12-13

g @ Mt. SAC Relays, Walnut 4/14-16

hh @ Oregon Invitational, Eugene 4/21

h Cougar Invitational, Pullman 4/22

k Washington Dual, Pullman 4/29

UW 112, WSU 91

m @ Vandal Jamboree, Moscow 5/6

n @ Modesto Relays, Modesto 5/6

o @ Pac-10 Multi Championships, Eugene 5/6-7

p @ Pac-10 Championships, Eugene 5/13-14

Team Scores: USC 140, Oregon 133.5, Arizona 122, Washington 99, UCLA 97.5, Arizona State 76, Stanford 60, California 53, Washington State 37

q @ NCAA West Reg. Champs, Provo 5/26-27

\$ @ NCAA Championships, Sacramento 6/7-10

Revised: 5/16/06